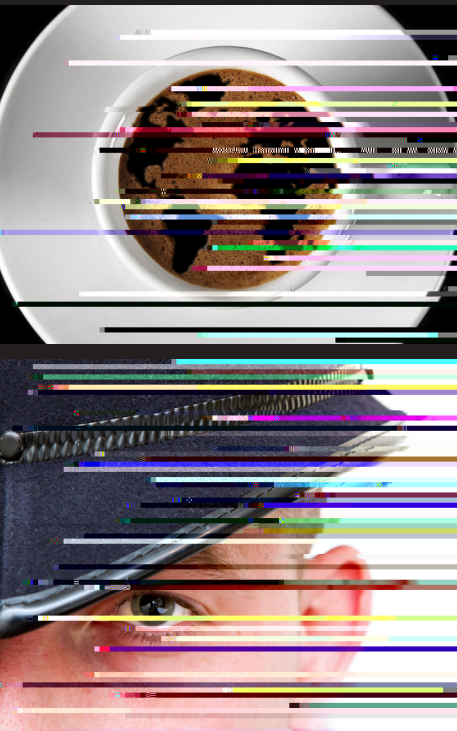


# Wellbeing within the Police Service

Two police organisations in the South East of England had reported concerns with sickness absence and staff turnover. This led Dr Andrew Clements to compile



## The Challenge

Once the qualitative data was collected and disseminated, some common factors emerged across the 4 events. The issues that surfaced, above those linked directly to crime or experience of violence, were workload, occupational health, management and mental health stigma. The candid discussions revealed that these key factors impact the police staff in a number of ways, not to mention present a difficulty in achieving a work-life balance.

## The Outcome

Dr Clements' research enabled the two police organisations to develop action plans in order to improve the issues raised during the World Café events. Given a chance to

talk cogs-Developing important

strategies."

Dr Andrew Clements